MACKAY NETBALL ASSOCIATION INC

REPRESENTATIVE

INFORMATION

2025





**Established 1972**

Email: rep@mackaynetball.com

Website: [www.mackaynetball.com](http://www.mackaynetball.com)

"CLEAN FAIR SPORT”

Welcome to Mackay Netball Associations Representative program for 2025. This information pack is to provide you with information about next year’s program. Mackay Netball will be entering teams in the following State Events in 2025.

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| **EVENT** | **COMPETITION DATES**  **(not inc travel)** | **VENUE/ACCOMMODATION** | **APPROX COST** |
| **Senior Nissan State Age Championships (SSA)**   * **15 Years** * **16 Years** * **18 Years** * **Boys 15 – 18 years** | 12-15 April, 2025 | **Ipswich Netball Association**  30 Salisbury Rd, Ipswich 4305  **Accommodation**  Quest Woolloongabba Apartments  130 Logan Rd, Woolloongabba | $1100 to $1600  (Depending on sponsorship) |
| **Junior Nissan State Age**  **Championships (JSA)**   * **12Years** * **13 Years** * **14 Years** | 5-8 July 2025 | **Sunshine Coast Netball**  **Association**  108 Fishermans Rd, Sunshine Coast 4558  **Accommodation**  Oaks Seaforth Resort  98/110 Alexandra Pde,  Alexander Headlands | $1150 to $1500 (depending on sponsorship) |

Parents/Guardians are requested to check the above date. If your child is unavailable for these dates, please advise immediately.

**2025 TEAM OFFICIALS -** Assistant Coaches, Managers and Umpires to be advised.

15 Maroon Coach: Chelsea Moohin

15 Blue Coach: Merryl Wheaton

16 Maroon Coach: Cerise Elbourne

16 Blue Coach: TBA

18 Maroon Coach: TBA

Boys Coach: TBA

12 Maroon Coach Marnie Walsh

12 Blue Coach Caitlyn Lindsey-Willmott

13 Maroon Coach Cynthia Simpson

13 Blue Coach Ruth Stevenson

14 Maroon Coach Michelle Hendrie

14 Blue Coach TBA

**CONTACTS:**

**Rep Co-ordinator: email:** [rep@mackaynetball.com](mailto:rep@mackaynetball.com)

Naomi - Development Board Member: develop@mackaynetball.com

**Shelley - MNA Treasurer: email:** [**treasurer@mackaynetball.com**](mailto:treasurer@mackaynetball.com)

**Sharon - Operations Manager email:** [**operations@mackaynetball.com**](mailto:operations@mackaynetball.com)

**SQUAD and SELECTION**

All squad training and selections are compulsory. If a player is unable to attend any training session, the Rep Coordinator must be notified via email stating the reason why.

Email:  [rep@mackaynetball.com](mailto:rep@mackaynetball.com)

All players will be allocated a number upon registration. Players will be numbered on their right arm and left leg for both squad and trial.

*Selection of a player who is absent from final selection will be at the discretion of the selection panel and selection shall not be automatically assumed*

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| **Senior State Age - Friday** | **Junior State Age - Thursday** |
| **Skills, Drills, Strength & Conditioning**  Wednesday 5th February 2025  5.00pm to 8.00pm  **Trials**  Thursday 6th February 2025  5.00pm onwards  **Teams Announced**  Friday 7th February 2025  6.00pm on Facebook  \*\*Players have been given a home program  after finishing P2P in November 2024. If you haven’t received one, please email  [rep@mackaynetball.com](mailto:rep@mackaynetball.com) and we will send you one via email | **Phase 1 - TBA**  **Week 1 to 4**  **Phase 1 Trials - TBA**  **Squads Announced**  6.00pm on Facebook  **Phase 2 - TBA**  **JSA Camp Weekend**  **Trial 2 - TBA**  **Teams Announced**  6.00pm on Facebook  \*\*Players have been given a home program after  finishing P2P in November 2024. If you haven’t  received one, please email  [rep@mackaynetball.com](mailto:rep@mackaynetball.com) and we will send you one via email |

For those selected into a team, a payment of $250 must be received by the MNA Treasurer 7 days after the announcement to secure your spot on the team. If the deposit is not received by the set date your spot is no longer assured and may be offered to another player.

**Payment due**

* **Senior: Sunday 16th February 2025**
* **Junior: TBA**

**TEAM TRAINING and STRENGTH & CONDITIONING**

Team training will consist of one session per week with a maximum of 2.5 hours per session, the duration will be age appropriate. It is preferred that this is held on Thursdays but will ultimately be at the discretion of the head coach. Training will be held at the MNA courts.

For teams; Strength and Conditioning sessions will be outsourced. It is strongly encouraged that all players attend at least 1 session per week, however these are not compulsory.

These teams will also have 2 sessions at Base Recovery (TBC). Further information will be emailed upon team selection.

**TRAINING PARTNERS**

2-4 training partners will be selected for each age group. Those selected will train with the Blue teams.

Should a selected player from either team have to withdraw, a training partner shall be elevated to the Blue team depending on the position required for the team.

An outline of training partner expectations will be emailed out upon selection. Training partners will be charged a fee of $100 and will be invoiced upon selection.

Payment will be required 7 days after team announcement.

**CLOTHING FOR SQUAD, SELECTIONS & TEAM TRAINING**

It is a requirement of Mackay Netball Association that all players wishing to be a part of the MNA representative program be dressed in suitable attire for training and selections.

**SQUAD** - Any colour t-shirt and any colour shorts or tights.

**SELECTIONS –** Any colour plain t-shirt and any colour shorts or tights.

**TEAM TRAINING** – MNA rep training singlet or polo, shorts or plain black shorts.

**NO CLUB APPAREL IS TO BE WORN AT ANY STAGE – SQUAD, SELECTIONS, TEAM TRAINING**

**UNIFORMS**

The playing dress/singlet is available for hire for $25.

The dress/singlet will remain in the possession of the team manager prior to carnivals and must be given to the team manager prior to the conclusion of the carnival.

**COMPULSORY** **OPTIONAL**

Travel Polo $46.00 Socks $TBA

Training Singlet $32.00 Bummers $TBA

Jersey or $80.00 Replacement Hat $17.50

Hoodie $86.00 Replacement Backpack $25.00

**PROVIDED BY MNA**

Backpack

Bucket Hat

Laundry Bag

**ALL REP PLAYERS AND OFFICIALS MUST WEAR THE MNA TRAVEL POLO WHILE**

**TRAVELLING TO AND FROM THE AIRPORT & HOTEL AND DURING THE CARNIVALS.**

Uniforms will be supplied by Game clothing.

Uniforms will be ordered via Game Clothing Portal.

Further information and relevant links will be emailed upon selection.

PORTAL LINK

Supporter shirts and Hoodies are also available via the portal.

Supporter Polo (Blue) $46.00

Supporter Hoodies(Blue) $63.00

**MNA PREFERRED PAYMENT METHOD IS BY BANK TRANSFER TO:**

Account Name - Mackay Netball Association Inc

BSB – 654 000

Account Number – 4160 8089

REFERENCE: ***Players Surname, Age Division***

**FEES**

To participate in Squad a fee of $50 is charged to register.

A payment of **$250.00** is required to be paid within 7 days of your child’s selection to secure their position in the team. A payment plan will be outlined for the remainder of the fee.

If your child has been selected to represent MNA at the State Age Competition and withdraws without providing a Medical Certificate, the **$250.00** deposit is **NOT REFUNDABLE**.

Total fees will include:

* Accommodation
* Travel from accommodation to the courts daily
* Playing uniform - dress/playing singlet hire fee
* Breakfast, lunch, dinner & Snacks
  + This doesn’t include Lunch on first travel day & dinner on the last day
* Backpack, laundry bag, hat for those players new to Rep in 2025

*Does NOT include -*

* Flights
* Money for food on travel days
* MNA Apparel

**PAYMENT PROCEDURE**

* Selection deposit $250 payable within 7 days of your child’s selection
* Your invoices for the total carnival fees will be emailed to your designated email address.
* Payments are **NOT** to be paid to the team manager or coach.

*You might be asking why payment is required now. Mackay Netball has paid deposits towards all accommodation already booked for the locations where players will be staying for the nominated carnivals as well as travel arrangements.*

*If a player withdraws without providing a Medical Certificate, the Association will not refund the $250.00 selection payment.*

*\*Please forward remittance note by email -* [treasurer@mackaynetball.com](mailto:treasurer@mackaynetball.com)

ETFPOS and VISA options are available on request or by making prior arrangements with Rep

Coordinator.

**ALL PAYMENTS MUST BE FINALISED TWO WEEKS BEFORE TRAVEL DATE**

**Senior:** Friday 28th March, 2025

**Junior:** Friday 27th June, 2025

A payment schedule will be provided with your initial invoice upon selection. The payment schedule is the minimum required. You can pay more at any time. Failure to pay by the above date may mean automatic removal from your team and $250 selection payment will not be returned.

*MACKAY NETBALL IS MORE THAN HAPPY TO WORK WITH PARENTS TO PROVIDE A PAYMENT PLAN BUT IT IS YOUR RESPONSIBILITY TO CONTACT THE TREASURER VIA EMAIL AS SOON AS POSSIBLE.*

**INJURY**

**Before leaving for Carnival or State Age events**

Any player who is injured and as a result is unable to participate in 3 consecutive training sessions must provide medical clearance from a Dr or Physio.

This must be emailed to the Rep Coordinator ([rep@mackaynetball.com](mailto:rep@mackaynetball.com)) before the injured player can resume training.

If injured, a medical clearance is required no later than 3 weeks prior to departure. If a clearance is not given, the player must withdraw. The selection panel from trials will determine who will replace the injured player. This may not be the position that the injured player was chosen, but a player that best fits the team.

One of the training partners will be elevated to the Blue team.

A partial refund will be given once a medical certificate is received by the Rep Coordinator.

**INJURY**

**Whilst away at Carnivals or State Age Events**

Any player who is injured while we are away at Carnival and/or State Age events will be assessed by the MNA First aider travelling with the team. If the MNA First aider deems that the injury is serious and cannot be monitored by the MNA First aider or Head coach, then the MNA First Aider will take the player to the First aid tent at the event to be assessed.

Once an assessment has been completed, then the Travelling Executive Officer, Head Coach, Assistant Coach and First Aider will determine what will happen next.

If the parent is at the event, then the parent will be notified as to what the outcome will be and if the player will take the court again at the event.

If the player is deemed not fit to take the court for that day or for the rest of the carnival, then the Head Coach can continue in the event with 9 players. If the team has less than 9 players, the Head Coach may go to the TEO and ask them to consult with the underpinning team to move a player to the higher team. They may only need a player for the day or for the rest of the carnival. eg: 14 Maroon team has an injury, they may ask a 14 Blue team player to move up and fill in for the injured person.

**SICKNESS – while away**

If a player comes down with a contagious sickness while we are away at competitions eg: vomiting, diarrhea, COVID, Influenza then it will be at the discretion of the TEO and Head Coach to determine if the player is to be isolated for 24 hours or longer to prevent sickness being passed on to the rest of the team / cohort.

The TEO and Head Coach will look at the Queensland Health Guidelines <https://www.health.qld.gov.au> or ring 13 HEALH to determine the insolation period for the player in question.

It is preferable that the player stays with the team but they will be isolated into a room and will be looked after at all times by a MNA Official.

**CARNIVALS**

The following is a list of North Queensland Carnival Dates.

It is at the discretion of each Head Coach for that age group if the team is to attend and if training partners will need to attend as well.

We advise you to please keep these dates free.

These costs are not included in the MNA Rep Fees and will be at the team’s discretion the payment of these fees.

These fees may include, accommodation, travel, Carnival fees etc.

There are opportunities to fundraise to attend these carnivals to reduce costs.

• Red Rooster Carnival Rockhampton 1st & 2nd March 2025

• Bundaberg Carnival Bundaberg 15th & 16th March 2025

• MNA Senior Rep Carnival Mackay 29th & 30th March 2025 (TBC)

• Country Carnival Townsville 3rd & 4th May 2025

• Mackay Winter Carnival Mackay 7th & 8th June 2025 (JSA Only)

Reminder to all teams that if the team is attending a Carnival the Head Coach must contact the Rep Co-Ordinator to advise them they are attending the Carnival and also contact the Club Team coaches for each player to let them know they will be attending the carnival and that team may need to reschedule due to lack of players.

**FUNDRAISING**

MNA will organize 1 fundraising event per State Age teams

Senior State Age Chocolate Drive in January / February. Boxes of chocolates will be distributed at training and teams will need to return the money before attending SSA

Junior State Age Pie drive in April / May. These sheets will be handed out to teams at training and will need to be returned at the date specified on the sheet

All profits will go back to the team for spending as they desire.

If a team decides to fundraise to cover costs of attending carnivals, for extra strength and conditioning outside of MNA fixed dates, team bonding sessions then they must contact the Fundraising Rep committee member to discuss the fundraising project and what the money will be spent on

The Fundraising Rep Committee member will then approve or decline the fundraising event.

If the fundraising event is approved, the Fundraising Rep committee member will email through a form which will need to be filled out with details about the fundraiser and how the money is to be distributed.

The only fundraising to be done at the MNA courts is at the MNA Carnival which all teams will be asked to assist. This money will go back to the Rep program for equipment, visiting coaches and other necessities.

Team fundraising is not compulsory, however, only those who assist will get financial assistance from the fundraising.

If you have a sponsor that wishes to sponsor your Representative team, please contact

[rep@mackaynetball.com](mailto:rep@mackaynetball.com) who will discuss the sponsorship opportunities for Rep.

**TEAM COMMUNICATION**

Your team Manager is your first point of communication.

Your coach, assistant coach and manager will set up a team Messenger chat for team communication.

We require 1 parent or guardian per child to be included in this group chat.

Please limit this to team communication only. Parents are welcome to set up their own group chat if needed.

Parents or guardians are included for supervision purposes only and not to comment or participate in the chat.

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| **PLAYERS RESPONSIBILITIES & CODE OF BEHAVIOUR** |

* Commit to and attend all scheduled trainings, games and carnivals as required by the teams Coaching Staff. Be prepared and on time.
* Commit to give complete respect and be attentive to coaching staff and team manager.
* Commit to give complete respect to all MNA officials.
* Strive to work hard and give 100% to each training session, game, home program and strength and conditioning session. Players are expected to attend training sessions while injured.
* Be a good teammate. Be considerate, respectful and supportive. You are responsible for your own actions.
* Be a good sport. Always respect, encourage, support and acknowledge teammates, opponents and umpires. Participate fairly and safely. Know the rules and play by the rules.
* Abide by all decisions, without argument or bad temper.
* Captains have the right to approach an umpire during an interval or after the game for clarification of any rule.
* Approach the umpire in a polite and courteous way.
* Do not engage in practices that affect your sporting performance.
* Respect and acknowledge the contribution of those who create the opportunity for you to play. Volunteers, scorers, timekeepers, administrators, coaches, managers and umpires.
* Return the Players' Information, Players' Medical History, Parental Consent and any other relevant documents to the Manager at the first training.
* Participate in all MNA fundraising associated with the event.
* Be aware of, and maintain an uncompromising adhesion to Mackay Netball standards, rules, regulations, policies & procedures.
* Operate within the rules of the sport including state guidelines which govern Netball Australia, Netball Queensland, the Affiliated Associations and the Affiliated Clubs.
* Do not use your involvement with Mackay Netball or an Affiliated Club to promote your own beliefs, behaviours or practices where these are inconsistent with those of Netball Australia, Netball Queensland or Mackay Netball.
* Refrain from any behaviour that may bring the Sport of Netball into disrepute.

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| **PLAYERS RESPONSIBILITIES & EXPECTATIONS AT EVENTS & CARNIVALS** |

* Respect all MNA officials.
* No player shall go anywhere on their own. Even when going to the toilet you must be in the company of another player from your team.
* Do not at any time leave the designated area (generally the tent or the court sideline or accommodation) without ensuring that the Manager is aware of where you are going and how long you shall be.
* Listen to what you are told carefully, do not talk whilst being spoken to. If you have any questions ask them, then follow the instructions given.
* Clean up after yourself:
* a. Wash your dishes after you have used them and return them to the cupboard.
* b. Keep your "space" tidy. Do not leave your clothes scattered all over the place.
* c. Place your towel where it will dry; you will have to reuse it.
* d. Make your bed.
* Uniforms shall be washed each day. Shirts, dresses, underwear and socks are to be placed in the designated area within the designated time for washing. Please bring your MNA wash bag clearly labelled. ALL ITEMS SHOULD BE CLEARLY NAMED!!!!
* The eating of healthy food and adequate portions is your responsibility. You are playing no less than 12 games of netball during the 4 days. It is no time for food fads or dieting.
* A serious breach of the Code of Behaviour in the opinion of the team officials will result in the player being banned from the remainder of the event, their parents being notified, and the player being sent home by the first available means of transport. Any additional expenses incurred will be the responsibility of the parents. It may also result in the player being suspended from selection for a period of time to be determined by the Board.
* Compete by event competition conditions and rules. Be a good sport. Treat all players as you would like to be treated.
* Never argue with an official. If you disagree, have your Captain approach the official during a break or after the competition.
* Control your temper; verbal abuse of officials or other players is not acceptable or permitted.
* Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
* Remember to play for fun and the enjoyment of netball and not just to please Parents and Coaches.

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| **PARENT – EXPECTATIONS & CODE OF BEHAVIOUR** |

**It is appreciated that all Parents attending Representative Carnivals in a non-official capacity observe the Parental Code of Behaviour, as set down by the Australian Sports Commission, together with the Mackay Netball Association (MNA) Guidelines below:**

* Be professional in and accept responsibility for your actions
* Be fair, considerate and honest in all dealings with others.
* Children play sport for their enjoyment, not yours. Encourage children to participate, don’t force them.
* Focus on effort and attitude, not winning or losing.
* Be respectful and acknowledge good play by all teams.
* Encourage children to participate according to the rules.
* Never ridicule or yell at a child for making a mistake or their team losing a game.
* Show concern and caution towards others who may be sick or injured.
* Children learn best by example. Be a good role model.
* Support all efforts to remove verbal and physical abuse from sporting activities.
* Respect officials' decisions and teach children likewise.
* Show appreciation and respect to all volunteers - coaches, manager, umpires, first aid officials and administrators. Without them, children could not play.
* Be aware of, and maintain an uncompromising adhesion to Mackay Netball standards, rules, regulations, policies & procedures.
* Operate within the rules of the sport including state guidelines which govern Netball Australia, Netball Queensland, the Affiliated Associations and the Affiliated Clubs.
* Do not use your involvement with Mackay Netball or an Affiliated Club to promote your own beliefs, behaviour or practices where these are inconsistent with those of Netball Australia, Netball Queensland or Mackay Netball.
* Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.
* Refrain from any behaviour that may bring the Sport of Netball into disrepute.
* Team officials will include any breach of the Parental Code of Behaviour in their Carnival Report to the Board of Mackay Netball.
* Please be aware you have officially signed the care of your child to MNA Officials for the duration of the Event (State Age Carnival). Managers must be permitted to have complete control of all players in their care at all times, this includes administrating any medication.

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| **PARENT – EXPECTATIONS & CODE OF BEHAVIOUR continued** |

* Unless special circumstances apply, and/or official approval has been obtained, no player/s will be released to any family member/s at any time, until the team has completed the Event or returned to Mackay.
* Parents are expected to have all relevant paperwork completed and submitted to the Team Manager by the set date.
* Parents are expected to follow the payment plan set out by the MNA Treasurer.
* Parent time at carnivals is at the discretion of the Head coach and this will be communicated to all parents once a decision has been made. There is no limit to parent time and the amount of time may be dependent on playing draws, weather conditions and other factors.

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| **SPECTATOR – CODE OF BEHAVIOUR** |

1. Remember children play sport for their enjoyment, not yours.

2. Applaud good performance and efforts from each team. Congratulate all participants on their performance, regardless of the game’s outcome.

3. Never ridicule or scold a child for making a mistake. Positive comments are motivational.

4. Condemn the use of violence in any form, be it spectators, coaches, officials or players.

5. Show respect for your team’s opponents. Without them there would be no game.

6. Encourage players to follow rules and officials' decisions

7. Respect all MNA officials decisions and teach children to do same.

8. Do not use foul language or harass players, coaches or officials.

9. All Netball Venues are Smoke-Free.

**In the interest of Players and Officials, we would appreciate your consideration.**